



## SAFE HARBOR @ HOME 2021

AGES: OLDER TEEN-ADULT

### TOPIC

Saying Goodbye

### GOAL

Saying goodbye through music and art



Artwork by Carolyn Gavin

## ACTIVITY

### Musical Creations

#### Materials

Song lyrics

Device to listen to music

Piece of paper folded into 4 squares like this:



Pencil/Pen

Markers, crayons, paints, etc...

Any and all art materials you'd like to use

In this activity, we are going to create artwork around the lyrics to a song. First find a song that has to do with grief and goodbyes.

Here is a good website to start:

<https://www.joincake.com/blog/best-songs-about-death/> You are welcome to use a song you already love. Once you find a song, find 4 sets of lyrics that remind you of how you feel about the death of your person and saying goodbye. Next, with your paper and art supplies, write the 4 sets of lyrics in each quadrant on the paper and then draw/paint a picture that has to do with the lyrics. Be sure to listen to the song as you're creating. You are welcome to use more than one song for this activity.

The image to the left is an example of artwork created around song lyrics.

### QUESTION

You are now left with something to memorialize your person. How does it make you feel to look at this special artwork? How do you think your person would feel looking at it? Feel free to write about this experience if desired.

