

## System of Care

The children's behavioral health service system in Montgomery County is guided by the philosophy and practices of resiliency. The concept of resiliency promotes strengths-based approaches to build self-esteem and life success. Montgomery County is committed to the development of an integrated system of care that empowers youth, families and all systems to be responsible and accountable for outcomes that lead to the fulfillment of hopes and dreams.

### Value and Principles

- Family-driven and youth guided
- Home and community based
- Strengths-based and individualized
- Culturally and linguistically competent
- Integrated across systems
- Connected to natural helping networks
- Data-driven, outcomes oriented

### For more information

Call **(610) 278-3642** or visit our website:

<http://mhmrda.montcopa.org>

## Crisis Services

Crisis is not simply the moment when things become intolerable. Crises build over time, and often can be recognized and managed in advance. Your mental health service provider can help you develop a crisis plan and other steps to mitigate crises.

Sometimes, though, these strategies are not enough.

### Children's Crisis Support Program

Crisis services are available 24 hours a day, 7 days a week. They can come to your home, if needed.

**(888) HELP-414**

### Teen Talk Line

This is a "warm" line for youth to talk about things with someone their own age.

Call **(866) 825-5856** or text **(215) 703-8411**

There are no topics that are off limits, and all calls are private.

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*In the event of an emergency situation that presents the threat of physical harm to you or someone near you, please call **911**.*

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**Montgomery County**  
Office of Mental Health  
& Behavioral Health

1430 DeKalb Street  
Norristown, PA 19404-0311  
Phone: (610) 278-3642  
Fax: (610) 278-3683



CHILDREN'S COMMUNITY-BASED

## Behavioral Health Services

MONTGOMERY COUNTY  
OFFICE OF MENTAL HEALTH  
& BEHAVIORAL HEALTH

<http://mhmrda.montcopa.org>



# How to Find the Help Your Child Needs...

## What Kinds of Help are Available?

### Treatment Services

An array of options are available, including outpatient therapy, behavioral health rehabilitation services, partial hospitalization, and family-based services. Please see [www.MagellanofPA.com](http://www.MagellanofPA.com) for a full list.

### Case Management

A service that helps with gaining access to and coordinating other available resources, including medical, social, educational, and other services.

### Family Support

A range of options including **high-fidelity wraparound** and **advocacy** that focuses on addressing the needs of children and their families in order to improve home stability.

#### ADVOCACY

This service assists families and youth in navigating the system and linking to other available supports, as well as assisting with advocating for a youth's needs.

#### HIGH-FIDELITY WRAPAROUND

This is a planning process to assist families with complex needs. The team consists of a facilitator, a parent support partner, and a youth support partner. The process provides an opportunity to increase the youth and family's "voice" in the planning process.

### Transition-Age Services

A continuum of supportive services for youth transitioning from the children's to adult services.

**For more information about these and other programs, please visit the County's website at:**

<http://mhmrda.montcopa.org>

## Where to Find Assistance

The primary means by which children and youth obtain mental/behavioral health services in Montgomery County is through **Medical Assistance (MA)**. MA provides funding for behavioral health services, medicines, and medical care.

### Eligibility

Children who are eligible for Medical Assistance (MA) must have been diagnosed with a behavioral disorder, emotional disorder, developmental disability, and/or certain medical conditions. Eligibility is based on the *child's* income and assets. Their parents' income is not considered to determine eligibility.

### How to Apply

Applications can be obtained in one of several ways:

- Call or visit the Montgomery County Assistance Office at:  
**1931 New Hope Street, Norristown, PA**  
**(610) 270-3500**
- Download and complete the application at: [www.compass.state.pa.us](http://www.compass.state.pa.us)
- You can also obtain an application from one of the local case management offices (below).

After submitting an application, the County Assistance Office will contact you for an interview. This may be done in person or over the phone. The office will then review your application. You will receive a letter in the mail telling you if your child is eligible and the effective date.

## Case Management Offices

### Child and Family Focus

2935 Byberry Rd, Ste 108, Hatboro, PA 19040  
(215) 957-9771

### Central Behavioral Health

1109 Dekalb St, Norristown, PA 19401  
(610) 272-3042

### Community Services of Devereux

1041 West Bridge Street, Phoenixville, PA 19460  
(610) 933-8110

### Creative Health Services

11 Robinson St, Pottstown, PA 19464  
(610) 326-2767

### Lower Merion Counseling Services

850 Lancaster Ave, 2nd Floor, Bryn Mawr, PA 19010  
(610) 520-1510

### NHS Human Services

2506 North Broad St, Suite 201, Colmar, PA 18915  
(215) 716-9002

### Penn Foundation

807 Lawn Ave, Sellersville, PA 18960  
(215) 257-6551