

COVID-19, Cancer, and You – A Virtual Support Group

Every other Wednesday

March 3-May 12, 2021; 6-7pm



Facilitated by Oncology Social Workers:

Katie Lundy, MSW Candidate

Sophia Conners, MSW Candidate

Join us for **COVID-19, Cancer, and You** – a six-session group for people navigating cancer treatment during the pandemic. This group will feature guest speakers with expertise in public health, nutrition, exercise and more! This support group is designed to provide support and education to our community about issues related to the pandemic as you undergo cancer care.

Examples of some topics to be discussed:

- Managing feelings of loneliness and anxiety
- Staying connected while practicing social distancing
- Considerations for receiving care during the pandemic
- Lifestyle tips for physical, mental, and emotional wellness

To Register:

1. Open your smart phone camera
2. Hover over the QR code
3. Click drop-down link
4. Register!



For questions, or assistance with registering, contact the Welcome Center at **215-955-1800** or cancersupportcenter@jefferson.edu