

# MONTGOMERY COUNTY PEER SUPPORT TALK LINE

*Lending an ear across generations.*

Access Services' Peer Support Talk Line desires to share the burden and even lighten the load by helping you process the day. We serve adults and seniors in Montgomery County by providing encouragement and hope during times they are needed most.

*"Aging is not lost youth but a new stage of opportunity and strength."  
- Betty Friedan*

Call

**855-715-TALK**  
(855-715-8255)

Text

**267-225-PSTL**  
(267-225-7785)

Seven days a week 1:00 p.m. - 9:00 p.m.

Callers to our talkline say:

*"It's been helpful to talk to someone who can truly relate to what I've been going through."*

*"The Peer Support Talk Line doesn't tell me what to do, but helps me understand my choices."*

If you are in crisis, please call Adult Mobile Crisis Support at 1-855-634-HOPE (4673).



**ACCESS  
SERVICES**

Creating better ways to serve  
people with special needs