

To all Abington - Jefferson Health Obstetrics & Gynecology Patients:

Thank you for choosing us for your women's health care. We are proud and grateful to have you as our patients! In this time of uncertainty, we would like to share with you some of the changes that are happening in our practice. We hope that the following schedule adjustments are understood in the context of keeping both you and our community healthy.

If you have any symptoms of COVID-19, or have concerns about exposure, please call us. We are able to order testing remotely.

Please check Jefferson's website frequently, as it will be updated as more information becomes available: [JeffersonHealth.org/Coronavirus](https://www.jeffersonhealth.org/coronavirus).

For our gynecology practice:

All routine gynecologic appointments will be rescheduled for a later date. If you have an urgent need to be seen, please contact the office and we will schedule either a telehealth (video) visit through [JeffConnect](#)[®] or an in-person visit, depending on the concern.

If you need a refill for birth control, please send us a message through your portal or call the office and we will be happy to extend your prescription. If you are a patient of the OB/GYN Center, please call **215-481-4020** for assistance to extend your prescription.

Non-urgent surgeries will be postponed. Your surgeon will reach out to you to discuss rescheduling.

For our pregnant patients:

We have adjusted the visit schedule to include telehealth through [JeffConnect](#)[®] as well as in-person visits. Our goal is to minimize time spent in the office, while providing full access to your providers.

You may receive a call to reschedule appointments, including ultrasounds.

Please obtain a blood pressure cuff and scale. If you have Keystone First, HealthPartners, or Aetna Better Health, your insurance will cover this. Please ask your provider for a prescription. You may otherwise purchase these items at your local pharmacy or online. If your insurance does not cover a blood pressure cuff and you are not able to afford one, please ask your provider for assistance. We may ask you and can help you to report your blood pressure and weight at the time of your telehealth visits.

We DO NOT recommend using at home fetal heart rate monitors.

If you are scheduled for induction or cesarean section, you will receive a phone call the day before and asked screening questions for coronavirus. If your screening is positive, your obstetrician will advise you of the recommendations for delivery.

To minimize risk to exposure to you and your family, early discharge after delivery may occur for you and your newborn, if medically appropriate.

Please refer to www.pregnancycovid19.com for up-to-date information regarding COVID-19 and pregnancy.

Steps to take if you are an out of state transfer patient:

Contact one of our obstetrical providers who will refer you to our intake process. Your first prenatal visit will occur as a telehealth visit. This visit will be performed by one of our obstetrical certified nurse practitioners. We will need a copy of your records, complete a review of your prior OB care and complete a consultation with our OB/GYN staff and/or Maternal Fetal Medicine as needed. There may be a mandatory 2-week quarantine before referral back to the respective OB office.

Visitor policy in outpatient practice:

Please come alone to all visits.

Steps to take before coming to the hospital:

For an unscheduled visit to Labor and Delivery, we recommend that you call your provider's office before you come to the hospital. If you cannot reach your provider, please call **215-815-9914**. Knowing that you are coming will help expedite your admission to the Labor and Delivery Unit.

All obstetrical patients should enter Abington Hospital through the Lenfest Building, on the corner of Keith Road and Old York Road, Monday through Friday 7 a.m. to 7 p.m. On Saturdays, enter through the Wunderle lobby on Highland Avenue 7 a.m. to 3 p.m., and at all other times of the day please enter through Emergency Trauma Center (ETC), entrance located on Old York Road. You and your support person will be screened for COVID-19 exposure using a brief questionnaire. If your support person answers yes to any of the screening questions they will not be allowed to enter the hospital.



Support person/Visitor policy:

Only one support person is allowed for the entirety of your stay, including on the postpartum floor. This must be the SAME person; no switching is permitted. If your support person screens positive for COVID-19 at any time, they will need to leave and cannot be replaced.

This may change in the future as we are constantly evaluating best practices for the safety of you and your baby.

We acknowledge that this is a stressful time for everyone, and are so appreciative of your flexibility. Thank you for your continued confidence in Abington - Jefferson Health.

We will get through this together!

Warmly,
Abington Women and Children's Services