



# STOMP OUT THE STIGMA

## TOWARDS SUBSTANCE USE DISORDER SYMPOSIUM

**WEDNESDAY, MARCH 11, 2020**

9:45 AM TO 5:30 PM

**Abington Hospital – Jefferson Health**

Frobese Conference Center, Zaslow Auditorium  
1200 Old York Road, Abington, PA 19001

**Register On-line:**

[JeffersonHealth.org/AbingtonSOSsymposium](https://JeffersonHealth.org/AbingtonSOSsymposium)

### COURSE OVERVIEW

Those with substance use disorder (SUD) face stigmas every day – but when that stigma is coming from those involved in their health care, it can negatively impact their diagnosis, treatment and outcome. Through our speakers, we hope to bring awareness to the roots of addiction and how we, as healthcare providers, can help our patients have the best outcomes possible. Our speakers will have guest patients to share their personal stories – driving home the fact that we are all human and this disease can happen to anyone. Please join us for a transformative day.

### COURSE OBJECTIVES

1. Recognize the circumstances leading to the opioid crisis
2. Discuss adverse childhood experiences and their influence on health and well-being throughout the lifespan, including the potential for opioid use disorder (OUD)
3. Discuss behaviors (both positive and negative) used to manage stress and crisis situations
4. Describe how opinions/thoughts/reactions can impact an individual or a group
5. Discuss information on the current state of the opioid crisis
6. Review medications used for both OUD and chronic pain
7. Identify strategies for pain control in chronic pain

### REGISTRATION

**Register On-line:** [JeffersonHealth.org/AbingtonSOSsymposium](https://JeffersonHealth.org/AbingtonSOSsymposium)

**Registration Fee:** \$10

**Registration Deadline:** Monday, March 9, 2020

Registration fee includes: course material and boxed lunch.

**For more information:** Please call 215-481-3136 or email Mary Wilson at [mary.wilson@Jefferson.edu](mailto:mary.wilson@Jefferson.edu).

### CONTACT HOURS

Continuing education credits will be offered. See agenda for credit hour breakdown.

**CREDIT DESIGNATION STATEMENT** Abington Health designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CEU CREDITS** Abington – Jefferson Health Nursing Education is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 7.0 continuing education credits can be earned by attendance at this event.

**CONFLICT OF INTEREST DISCLOSURE POLICY** Faculty and all others who have the ability to control the content of the continuing medical education sponsored by Abington Health are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).



# STOMP OUT THE STIGMA TOWARDS SUBSTANCE USE DISORDER SYMPOSIUM

## COURSE DIRECTORS

### Mary Wilson, MSN, RNC-NIC

Clinical Resource Nurse, Neonatology  
Education, Quality and Research Council,  
Co-Chair  
Abington Hospital – Jefferson Health

### Gabrielle Marcus, BSN

Staff Nurse, Labor and Delivery  
Education, Quality and Research Council,  
Co-Chair  
Abington Hospital – Jefferson Health

## COURSE CO-DIRECTORS

### Lisa McCarty, BA, RN

Staff Nurse, Emergency Department  
Abington Hospital – Jefferson Health

### Susan Utterback, DNP, MSIT, RN

Nursing Systems Coordinator,  
Women and Children's Service  
Abington Hospital – Jefferson Health

### Michael Sangirardi, MSN, RN

Nurse Director  
Abington Hospital – Jefferson Health

### Samelia Johnson, BSN, RN

Staff Nurse, 3 Widener West  
Education, Quality and Research Council,  
Co-Chair  
Abington Hospital – Jefferson Health

### Christine Weller, MSN, RN

Team Coordinator, 6 Buerger  
Education, Quality and Research Council,  
Co-Chair  
Abington Hospital – Jefferson Health

## PLANNING COMMITTEE

The Education, Quality and  
Research Council members

## PARTNERS – TABLE PRESENTERS

Abington – Jefferson Health  
The Penn Foundation  
The Drug Addiction Resource Alliance  
Malvern Treatment Centers  
Renew Family Services  
Montgomery County Recovery Center  
Livengrin Foundation  
CIVIQ Health – Addiction and  
Mental Health Treatment Center

## AGENDA | WEDNESDAY, MARCH 11, 2020

- 9:45 AM **Opening Remarks and Introduction to the SOS Project**  
Mary Wilson, MSN, RNC-NIC; Education, Quality and Research Council Co-Chair  
Gabrielle Marcus, BSN; Education, Quality and Research Council Co-Chair  
Lexi Brooks, Miss Montgomery County 2019
- 10 AM **Adverse Childhood Experiences (ACEs) Influence on Health and Well-being throughout the Lifespan**  
(0.5 contact hour)  
Karen Dougherty, BSN, RN, CEN, SANE-A;  
Forensic Nurse Examiner – Abington Hospital – Jefferson Health
- Addiction is a Pediatric Disease**  
(0.5 contact hour)  
Christine DiPaolo, DNP, APRN; Department of Adolescent Medicine,  
APRN Supervisor – Nemours/Alfred I. DuPont Hospital for Children
- 11 AM **The Neurobiology of Addiction: How Do We Treat This?**  
(1.0 contact hour)  
Dr. James Baird, IV, DO., FAAEM, FHELA;  
Emergency Medicine Residency Program Director – Inspira Health
- 12 NOON **Lunch** (lunch and light afternoon snack provided).
- 12:30 PM **Navigation and Demonstration: Community and Abington – Jefferson Health Resources to Better Serve our Patients, Workforce and Community**  
(1.0 contact hour)  
Marianna Calabrese, MA; Manager, Community Benefit Department of  
Community Health, Abington – Jefferson Health  
Karen Fithian, LCSW; Crisis Intervention Clinician Coordinator
- 1:30 PM **Resilience – A Personal Story**  
(1.0 contact hour)  
Kathy McDade, MSN, RN, NE-BC; Acting CNO, Abington – Lansdale Hospital and  
Nurse Director, Cardiac Medical Specialties, Abington Hospital – Jefferson Health
- 2:30 PM **The Stigma of OUD in Pregnancy: An Opportunity for the Rebirth of Compassion**  
(1.5 contact hours)  
Gary Stoner, MD; Director, Women's Opioid Use Disorder Program –  
Geisinger Medical Center  
Special guest speaker – Previous patient with SUD
- 4 PM **Don't Let the Pendulum Swing: Balancing Pain Management with Preventing Harm**  
(1.5 contact hours)  
Maria Foy, PharmD, BCPS, CPE; Pharmacy Care Coordinator, Palliative Care,  
Abington – Jefferson Health  
Special guest speakers with personal experiences with pain management and SUD
- 5:30 PM **Closing Remarks and Adjournment**