



## ACCESSING TREATMENT FOR ADDICTIONS

1. Insurance cards may have a toll-free number on the back for mental health. Call to access that insurance coverage's pathway for addictions treatment.
2. Abington - Jefferson Health psychiatry crisis clinicians (215-481-2525) are available to assist in accessing drug and alcohol treatment.
3. Abington - Jefferson Health's psychiatry access coordinator for Behavioral Health Services is an in-house resource person for facilitating drug and alcohol treatment.  
Contact information:

May Lee - access coordinator for Behavioral Health Services, Abington - Jefferson Health Psychiatry Department, [May.Lee@jefferson.edu](mailto:May.Lee@jefferson.edu); 215-481-5450, option # 2

4. Three Pennsylvania county pathways for drug and alcohol treatment:

*Montgomery County:* [www.montcopa.org](http://www.montcopa.org)

-Click on "Departments"

-Select "Health and General Welfare"

-Select "Behavioral Health/Developmental"

-Select "Drug and Alcohol"

-Select "Drug and Alcohol Resources Brochure"

*Bucks County:* [www.buckscounty.org](http://www.buckscounty.org)

-Type in "drug" or "alcohol"

-Select "Bucks County Drug and Alcohol Resources"

-See list of "Assessment Sites" in lower right corner of screen.

*Delaware County:* [www.co.delaware.pa.us](http://www.co.delaware.pa.us)

-Select "Services"

-Select "Behavioral Health"

-Select "Drug and Alcohol"

-Look under "How To Access"

5. To be constructed for the New Jersey counties we most commonly serve.