

**MAURICIO J. GARRIDO, MD**

**Cardiothoracic Surgery**

Clinical Director, Heart and Vascular Institute  
Abington Health Physicians



*Mauricio J. Garrido, MD applies his background in engineering and cardiac medicine to cardiothoracic surgery at Abington Jefferson Health. Board certified by the American Board of Cardiothoracic Surgery, Dr. Garrido serves as Clinical Director of Cardiac Surgery at Abington Jefferson Health.*

Dr. Garrido's extensive expertise includes treatment of ascending and descending thoracic aortic aneurysms, aortic dissection and coronary artery bypass in addition to aortic root surgery and mitral valve repair within the hospital's Porter Institute for Valvular Surgery. He has a specific focus on developing leading edge techniques in bloodless surgery to provide safe and effective heart surgery without the need for blood or blood component transfusion.

Dr. Garrido's surgical specialties include:

- Repair of complex acute and chronic aortic dissection
- Valve-sparing aortic root replacement
- Transcatheter aortic valve repair (TAVR/TAVI), transfemoral and alternate access approaches
- Heart valve reconstruction and replacement, including:
  - Mechanical and bioprosthetic tissues (bovine, porcine, human)
- Adult congenital cardiac surgery
- Endovascular, surgical and hybrid treatment of thoracic aortic aneurysms
- Minimally invasive mitral valve repair
- Coronary artery bypass grafting
- Engineering principles applied to cardiac surgical management
- Bloodless surgery techniques in cardiac surgery
- Management of cardiac surgical disease in the elderly

Dr. Garrido has published numerous articles in cardiothoracic surgery journals and has presented at national cardiovascular conferences. While at Yale University School of Medicine, he was the recipient of the Wilbur Downs International Fellowship Award, a Distinction in Leadership honor, and was named National Hispanic Scholar. Dr. Garrido has traveled to India, Tokyo and Germany as the winner of academic or research scholarships to those countries.

Dr. Garrido is a proud member of Abington Health, a network of over 200 primary care and specialty physicians.

**Education**

Cornell University College of Engineering  
Ithaca, New York  
(Bachelor of Science, Chemical Engineering, 1993)

Yale University School of Medicine  
New Haven, Connecticut  
(MD 1998)

Columbia University, College of Physicians and Surgeons/New York-Presbyterian Hospital  
(Surgical Internship and Residency, 1998-2004)

Division of Cardiothoracic Surgery, Columbia University/New York-Presbyterian Hospital  
(Fellow, Heart and Lung Procurement, 2001-2002)

Columbia University, College of Physicians and Surgeons/New York-Presbyterian Hospital  
(Fellow, Cardiothoracic Surgery, 2004-2006)

Columbia University, College of Physicians and Surgeons/New York-Presbyterian Hospital  
(VAD/Transplant & Minimally Invasive Cardiac Surgery, 2006)

**Additional Training/Background**

New York University School of Medicine, 1992  
Neuron Development in Simulated Weightlessness

M.V. Diabetes Specialties Center, Madras, India  
Tropical Pancreatitis Epidemiology in Southern India (International Research Fellow, 1994)

Division of Vascular Surgery  
Yale University School of Medicine (1996-1997)  
Abdominal Aortic Aneurysm Rupture Mechanics and Rupture Risk Factors

Division of Cardiothoracic Surgery  
Columbia University, College of Physicians and Surgeons  
Surgical Treatment of Atrial Fibrillation and Robotic-Assisted Cardiac Surgery  
(Research Fellow, 2001-2002)

**Attending Physician, Cardiothoracic Surgery**

Columbia University Medical Center (2007)  
Abington Hospital - Jefferson Health (2007-present)

He is a member of the American Medical Association.

**Contact Information**

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